

## Polish Tradition and Christmas Eve Supper's Dishes



### 1. Which Christmas customs (ceremonies and believes) are celebrated at your home?

- baking gingerbreads,
- decorating the Christmas Tree with lights, glass balls and ribbons,
- looking for the First Star in the sky to start Christmas Eve Supper,
- keeping carp's scale to bring luck and money,
- reading the Holy Bible,
- 12 dishes on the table,
- leaving one free seat at the table for someone in need,
- sharing the wafer with the family and friends,
- giving presents (after the supper),
- singing carols,
- going to the church on Christmas midnight mass.

### 2. Which Christmas Eve Supper's Dishes are always at your home?

- borsch ( a soup made of red beets),
- paszteciki (kind of dough filled with sauerkraut and mushrooms, baked and served hot with borsch)
- different kind of fish (carp, trout, sander) prepared in different ways: fried, in tomato sauce, pickled or with some vegetables,
- herring with boiled potatoes and sour cream,
- hotchpotch,
- sauerkraut and mushrooms (sour dish),
- pierogi (a special kind of dough filled with sauerkraut and mushrooms, boiled, served hot)
- poppyseeds with pasta (a sweet dish),
- fruit soup (made of dried fruits),
- bread.



**3. Do you always have 12 dishes on you table on Christmas Eve Supper?**

Answer: Yes, I do.

**4. What are your favourite Christmas Eve Supper's Dishes?**

- borsch,
- sauerkraut and mushrooms,
- pierogi,
- different kind of fish.

**5. Which Christmas customs (ceremonies, believes) and dishes do you connect with those countries?**

- France: baking 13 loaves of bread,
- Germany: cake called "Stollen", potatoe salad, special drink called "Glühwein",
- Spain: eating lamb, pigs, sea fruit, sharing with "turrón" and drinking "cava",
- Turkey (*Kurban Bayrami* a religious celebration compared with Christmas): eating rams and sharing with people in need.

